Please click here for full Prescribing Information, including Boxed WARNING.
Medication List

You may work with your health care professional to complete the form below and list all medications you’ve been prescribed.

Medication name: ____________________________

Prescribing doctor: __________________________

What does it do? / What is it for? __________________________

How many times per day do I take it? __________________________

What not to take with it? __________________________

Medication name: ____________________________

Prescribing doctor: __________________________

What does it do? / What is it for? __________________________

How many times per day do I take it? __________________________

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What does it do? / What is it for? __________________________

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What not to take with it? __________________________

Entresto®
(sacubitril/valsartan) tablets
24/26mg · 49/51mg · 97/103mg
Medication name: ____________________________

Prescribing doctor: __________________________

What does it do? / What is it for? __________________________

How many times per day do I take it? __________________________

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Please click here for full Prescribing Information, including Boxed WARNING.
Weekly Planner for __/__ – __/__

Use the guide below to keep track of your daily weight. Also be sure to track your energy, mood, and level of activity—these are important too.

Important events/appointments this week:

---

Sunday, ___ / ____  Current weight: ____

How am I feeling physically?  
- Tired  
- Energetic

How is my mood?  
- Sad  
- Happy

How active was I?  
- Not active  
- Active

---

Monday, ___ / ____  Current weight: ____

How am I feeling physically?  
- Tired  
- Energetic

How is my mood?  
- Sad  
- Happy

How active was I?  
- Not active  
- Active

---

Tuesday, ___ / ____  Current weight: ____

How am I feeling physically?  
- Tired  
- Energetic

How is my mood?  
- Sad  
- Happy

How active was I?  
- Not active  
- Active
Please click here for full Prescribing Information, including Boxed WARNING.
**Weekly Planner for __/__/ – __/__/**

Use the guide below to keep track of your daily weight. Also be sure to track your energy, mood, and level of activity—these are important too.

**Important events/appointments this week:**

<table>
<thead>
<tr>
<th>Sunday, ___ / ___</th>
<th>Current weight: ___</th>
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<tr>
<td>How am I feeling physically?</td>
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Entresto®
(sacubitril/valsartan) tablets
24/26mg • 49/51mg • 97/103mg
**Wednesday, ____ / ____  Current weight: ____**

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</tr>
</tbody>
</table>

**Thursday, ____ / ____  Current weight: ____**

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**Friday, ____ / ____  Current weight: ____**

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**Saturday, ____ / ____  Current weight: ____**

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