

COMPLETE THE FORM BELOW TO GET A DOCTOR DISCUSSION GUIDE THAT IS SPECIFIC TO YOU.



I am experiencing shortness of breath

New Ongoing Worsening



I am experiencing coughing

New Ongoing Worsening



I am experiencing swelling

New Ongoing Worsening



I am experiencing confusion

New Ongoing Worsening



I am experiencing fatigue

New Ongoing Worsening



I am experiencing rapid weight gain

New Ongoing Worsening

Are you experiencing any other new or ongoing symptoms?

Type your answer below:

Share your progress

In addition to keeping up with treatment, making healthy lifestyle changes is also important for people with Heart Failure.

Have you made any changes to your diet?

Yes No

Have you been able to get out and stay active?

Yes No

What can you NOT do today that you could do 3 months ago, or since your last appointment?

For example: Are you not sleeping as well? Are you unable to walk as far as you once could? Do you have trouble carrying your grocery bags?

Type your answer below:

Over the last 3 to 6 months, what events have you had to miss because you were not feeling well?

For example: Have you been unable to attend a wedding or go on vacation?

Type your answer below:

Have you been hospitalized because of Heart Failure? If yes, make sure you bring any medications you're taking when you show up for your next doctor's appointment.

Yes No

If yes, were you prescribed new medications in the hospital? List them here:

Type your answer below:

Make sure you know your medicines

Understanding what each medicine does and why the doctor recommended you take it is important. These questions can help you get to know them better.

- What are the most important things I should know about taking my Heart Failure medicine?
- Are there any medicines I should not take while taking my Heart Failure medicine?
- How will I know if my Heart Failure medicine is working?
- How can I save money on my Heart Failure prescription?
- Does my Heart Failure medicine come with a patient support program?

Additional questions to remember and discuss with your doctor

Of course, you may have other questions that are not on this list. If there's anything else you'd like to ask your doctor, type it here:

Type your answer below: